



# The Probus Club of Burlington Lakeshore

## Hi-Lites - February 2020

Mon., February 10  
10:00 am

Carolyn Whiskin

"Seniors' Health"

### Management Committee 2019-2020

Bill Willson, President  
(905) 332-7652  
Jim Thurston, 1st Vice  
President  
(905) 319-9352  
Mike Hoshoooley, 2nd Vice  
President  
(905) 634-2531  
Malcolm Ramsay, Secretary  
(905) 681-8109  
Dave Little, Treasurer  
(905) 681-6147  
Rodney Devitt, Past-President  
(289) 313-0593  
Duncan McPhail, Speakers  
(905) 336-2495  
Ken Medland, Membership  
(905) 818-2902  
Dave McKenzie, Hi-Lites  
(905) 639-7529  
David McKay, Special Events  
(905) 634-8256  
Jim Gilleland, House  
(905) 634-6490  
Brian Langlotz, Cheer  
(905) 632-8197  
Ken Medland, Ext. Publicity  
(905) 818-2902  
Dennis Colameco, Golf  
(905) 639-7921  
Jim Barnett, Curling  
(905) 639-8624

### President's Message



The month of January is finally over. We had one of the worst snow falls in years but it is now mostly cleared up in our area. From a personal point of view, I am grateful for the snow as it has given our ski area in Western New York a decent base and enough cold weather to allow the areas to make snow for the recreational skiers.

Our January meeting was an interesting one. Our speaker, Tim Cole who told us about his latest book "The Whiskey King", a story about Rocco Perri, a resident of Hamilton in the 1920s who made his living as a bootlegger, among other things. I think those in attendance enjoyed his talk. In fact, he sold out his entire supply of books.

We also learned about the events that our committee has lined up for us this summer. It looks like a great line up of theatre shows for our club. More on this will be described later in Hi-Lites.

Our February meeting will feature another interesting speaker, Carolyn Whiskin. I am pleased to see that our hard working speaker's committee has lined up speakers for the rest of 2020 and is starting on 2021.

Our membership committee will be announcing a new initiative to increase our membership numbers. The theme will be "20 in 2020" and the goal is to attract 20 new members this year. Details of this initiative will be rolled out at our February meeting.

On another matter, Dave McKenzie, our editor and publisher of Hi-Lites and I want to introduce our Management Committee to you. Over the next few months we will include a brief article on each of them. Where appropriate, it will include a list of their committee members and their areas of responsibility. I hope these articles will show you the amount of work that is done on your behalf by these volunteers and give you an opportunity on occasion to say thanks.

I look forward to seeing you all at our next meeting on February 10.

Bill Willson  
President

## Guest Speaker - Carolyn Whiskin



We have invited one of our most popular speakers, Carolyn Whiskin, back to the club now for her third time. We are excited to see her return to talk to us on some things old (Most of us) and somethings new.

Carolyn is the Pharmacy Manager for Charlton Health in Hamilton and works as a Pharmacist consultant at Brant Arts right here in Burlington.

She brings vast experience to this role as a pharmacist specializing in the treatment of autoimmune diseases, having started her career at St Joseph's Hospital in Hamilton as a rheumatology pharmacist thirty years ago. Since that time, Carolyn has been an instructor at the University of Toronto, University of Waterloo and McMaster University. She writes, presents and evaluates continuing education programs for many health professionals and speaks at both national conferences and local educational programs for the public. Carolyn has served on the Models of Care committee for the Ontario Rheumatology Association. She also has expertise in pharmaceutical compounding, women's health, pain and smoking cessation.

Carolyn has won provincial and national awards for her commitment to patient care and public service.

Duncan McPhail,  
Speakers Committee

## Membership

All members, thank you for spreading the word about how great our Probus Lakeshore is!!

Keep asking all your friends, neighbours and passer byes to join....they will love you for it, and watch for an new exciting program to reward your recruiting efforts! 20 in .....?

Ken Medland,  
Membership

## Special Events

**Firstly**, our thanks for your support of our Stratford Event on April 29th. As you know, the dining logistics limit our number to 36, and we sold 33 tickets at or after the January meeting, leaving just 3 available for sale at the February meeting.

**Secondly**, I made an error in the pricing of tickets for "The Cemetery Club" on July 16th at the Lighthouse Theatre in Port Dover. The Ticket Price is Actually **\$30** rather than the **\$29** stated in Hi-Lites. However, those of you who are greatly aggrieved by this turn of events may purchase tickets at a special price of **\$29.95!**

**Finally**, tickets may be purchased at the meeting for any of our three theatre events, including the Musical "Gypsy" at the Shaw Festival on Sept 15th (all shows are, of course, matinees). Tickets for "Gypsy" are available at two price levels - Gold Section seats for \$65 and Blue Level Seats for \$55.

Remember you can pay by Credit, Debit (may be used for purchases under \$100) - this has much lower fees than credit, cheque, or cash.

Hope to see you at the events table.

David McKay for the Events Committee

## Calling All Curlers!!!

### 23rd Annual Grummett Trophy Bonspiel March 4, 2020

We need your help to return the Grummett Trophy to our Lakeshore Club. Please sign up at the February meeting. If you missed the sign up at the meeting please call Jim Barnett at 905 639 8624 or Bob Nielsen at 905 639 4759 to register. Thanks for you help.

Jim Barnett  
Curling Coordinator

## Activities

### Computer Interest Group

Our next meeting will be on February 20 at 10 am at Burlington East Presbyterian Church (505 Walkers Line) located on Walkers Line just above New Street. Entry fee is \$7 per session.



Remember to send Robert your questions via email to [robert.lalonde@me.com](mailto:robert.lalonde@me.com)

## Cheer Committee

The Cheer Committee will contact or visit members or spouses who are ill. In the event of bereavement, a card of condolence will be sent to the family and, for a member, a memorial donation made to a charity of their choice. No mention of the situation will be made in the newsletter in order to maintain privacy.

Please inform one of the committee members, if you are aware of anyone who has an illness or bereavement, for appropriate action:

Brian Langlotz - (905) 632-8197

[bpl328@bell.net](mailto:bpl328@bell.net)

John Hughes - (905) 333-4910

[johnhiltonhughes@gmail.com](mailto:johnhiltonhughes@gmail.com)

Brian Langlotz, Cheer Committee

## House Committee

### Shaking and Greeting

With another flu season well underway, it has been wisely suggested that when you arrive at our meetings, please refrain from the traditional handshake. Instead let's use the "fist bump/elbow bump" as a way to reduce the chances of passing on any germs to fellow members. This should include when you are greeted upon arrival as well as when we begin our meetings with the welcoming "handshake." Thanks for your cooperation from our dedicated Greeters.

Jim Gilleland  
House Committee Chair



Regular Meeting next Month

**Monday, March 9, 2020**

**Speaker: Ken McCoogan  
Flight of the Highlanders**

## Getting to know your Management Team

Please watch this space each month as we introduce your Management Committee members. This month we feature your President and your Newsletter Editor (PS – if you have hair, you can still be considered for the Management Committee!)

### Bill Willson

The President's job is described in the leadership section of our web site. In short, the position involves presiding over all of the meetings of our membership as well as the meetings of our Management Committee. I represent our club in the community and at activities and events sponsored by Probus Canada.



We have twelve hard working volunteers on our Management Committee (see front page of every Issue of Hi-Lites) and I hope you will recognize them and support them in their endeavours. We also have three chairs of specific events.

On a personal note, as many of you know I grew up in Winnipeg where I completed my education and professional training as a CPA, CA. Yes, I am still a Blue Bomber fan and have been known to cheer for the Winnipeg Jets on occasion. When I worked in the Hamilton and Burlington area, I served on the board of a number of not for profit organizations. I am currently serving on the Ministry and Personnel Committee of our church. In the winters, I curl at the Burlington Golf and Country Club and ski at HoliMont ski club in Ellicottville. In the summers I golf with the Silver Sliders.

We are always open to hear ideas about speakers and events that the group might enjoy. Please let anyone on the Management Committee about your thoughts and suggestions

### Dave McKenzie

For the past six years, I have served as your editor of Hi-Lites. In this role, I receive articles each month from the Management Committee members, arrange them into a newsletter format using Microsoft Publisher, and save them on our Probus Club website. Once the newsletter has been uploaded to the club website, I then send out an



email to all the club members. The email provides a link to the edition of Hi-Lites on the website for members to read and, if desired, print. We have just five members who still receive their copy of Hi-Lites by paper mail.

To make this method of distribution happen, I also maintain the website, adding events and other content as it is presented to me. Our Probus website is the only website I have ever built and doing so was a real learning experience. Using easy-to-use software, called WordPress, I can make simple changes to the site in a matter of minutes.

This has been a one-person role within the Management Committee since I started, but I am happy to report that I have had backup support from Paul Crittenden, who has performed the editor's role while I was out of town on vacation. I am pleased to inform that I will be working to transfer learning to Brian Duncombe over the coming months to provide more depth and backup.

All members are welcome to submit news items to Hi-Lites – not just the Management Committee, so if you have something of interest to share with the membership, just send me an email and I'll get your story published.